

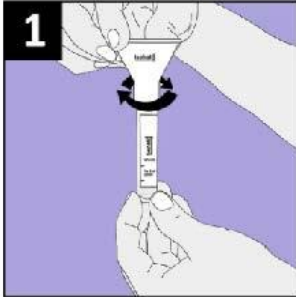
Instructions for Saliva Collection

Please do not eat, drink, smoke or chew gum for 30 minutes before use.

Kit Contents: Sample tube with 2ml solution and funnel

GeneFi

Isohelix
DNA Sampling and Purification



Step1.

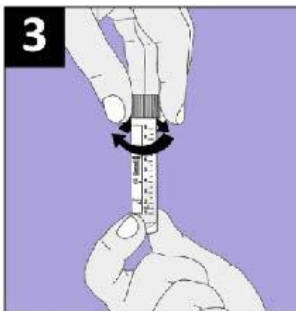
- Unscrew the cap from the tube being careful not to spill the liquid.
- Please keep the cap for use later.
- Screw the collection funnel on to the tube gently.

Please do not overtighten.



Step2.

- Start spitting into the funnel. If the saliva does not flow easily into the tube partly loosen the funnel.
- It might take a few minutes to produce enough saliva.
- If you find it hard to spit, please try rubbing the outside of your cheek gently or imagine drinking something sour like lemon juice.
- Continue spitting into the funnel until the level of liquid in the tube, not including bubbles, reaches the **Fill to → line**.



Step3.

- When you have reached the **Fill to → line**, please unscrew the collection funnel and then replace the tube cap **tightly**.
- Please throw away the funnel (this can be recycled).



Step4.

- Gently shake the collection tube several times to mix the saliva.
- Please place the tube back into the zip lock bag, seal and place it inside the bubble bag.
- Using a pen, please write your name and date on the label on the bubble bag.
- Please put the bubble bag into the return mailing bag.

Precautions: Do not ingest. If any solution comes into contact with the skin or eyes, wash with plenty of water. Tube cap may be a choking hazard to small children. Information about the kit is available at www.isohelix.com.